

The background of the entire page is a light blue gradient filled with various colorful, stylized illustrations of microscopic organisms. These include elongated blue and yellow bacteria, pink star-shaped organisms, green oval organisms with cilia, and various other multi-celled and single-celled forms in shades of blue, green, pink, and yellow. The organisms are scattered across the page, creating a vibrant and scientific atmosphere.

**HEALING
LEAKY GUT
SUMMIT**

**IS YOUR LEAKY GUT
REALLY PARASITES?**

15 TOOLS & RESOURCES

DR. JABAN MOORE

PARASITES OR LEAKY GUT?

Certain parasites, including Giardia, Cryptosporidium, and other intestinal parasites, have the ability to cause damage to the delicate lining of the intestines. These parasites can attach themselves to the intestinal wall and initiate an inflammatory response. The inflammation can impair the integrity of the intestinal barrier, leading to increased permeability or "leaky gut" syndrome.

In addition to physical damage, parasites can release toxins or enzymes as part of their life cycle. These substances can directly affect the integrity of the intestinal lining, further compromising its function. As a result, the tight junctions between the cells of the intestinal wall may become loosened or disrupted, allowing larger molecules, such as undigested food particles, toxins, and bacteria, to pass through the intestinal barrier and enter the bloodstream.

Once these harmful substances enter the bloodstream, they can trigger an immune response. The immune system recognizes these foreign invaders and mounts an inflammatory reaction to neutralize them. The persistent inflammation can lead to a variety of symptoms associated with leaky gut syndrome, including abdominal pain, diarrhea, fatigue, and nutrient deficiencies.

The continuous inflammation and compromised intestinal barrier can disrupt the normal absorption and digestion of nutrients, potentially leading to deficiencies in essential vitamins, minerals, and other nutrients. Over time, this can further exacerbate symptoms and contribute to overall health imbalances.



PARASITES OR LEAKY GUT?

Working on the body's natural drainage pathways can help support the clearance of parasites by facilitating the elimination of toxins, waste products, and potentially the parasites themselves. Here's how it can be beneficial:

Lymphatic System:

The lymphatic system plays a crucial role in immune function and waste removal. By promoting lymphatic flow through methods like exercise, massage, dry brushing, or lymphatic drainage techniques, you can support the body's ability to eliminate parasites.

Liver Function:

The liver is responsible for detoxification and processing waste products, including those produced by parasites. Supporting liver health through a balanced diet, proper hydration, and specific herbs or supplements can optimize liver function, aiding in the clearance of parasites.

Kidney Function:

The kidneys filter waste and toxins from the bloodstream. Ensuring adequate hydration and supporting kidney function can help eliminate waste products, potentially including parasite-related substances.

Digestive System:

Enhancing digestive health can contribute to parasite clearance. This can be achieved by consuming a nutrient-rich diet, maintaining a balanced gut microbiome, and supporting proper bowel movements. Fiber-rich foods, probiotics, and digestive enzymes may aid in promoting regularity and eliminating parasites.

Sweating and Skin Health:

Sweating through exercise, saunas, or other means helps eliminate toxins through the skin. Supporting skin health and promoting perspiration can assist in the removal of waste products and potentially eliminate parasites through the sweat glands.



DRAINAGE

The drainage funnel includes the colon, liver and bile ducts, lymphatic system, other organs and tissues (like the kidneys), and the cells. If one part of this funnel is not functioning optimally, other parts will clog and back up, and toxins your body is trying to clear are pushed into the bloodstream. This step is vital.

Prior to beginning any protocol, focusing on drainage will ensure you have the smoothest experience and prepare your body to avoid extreme Jarisch-Herxheimer reactions. A Herxheimer reaction, or "herx," means that you need to slow down, back off, focus on drainage and binders, and support your body.

IN ORDER TO PROPERLY DETOX PARASITES, THE BODY'S DRAINAGE SYSTEMS MUST BE FUNCTIONING.

OUR FAVORITE DRAINAGE SUPPLEMENTS INCLUDE:



Advanced TUDCA by CellCore Biosciences:

TUDCA (Tauroursodeoxycholic acid) is a water-soluble bile acid that is produced by the liver. This acid is created in small amounts to assist the body in releasing bile and harmful substances into the gut to be released through the colon. Since TUDCA stimulates bile flow, this allows for movement to be stimulated in the liver and gallbladder to release parasites blocked bile ducts.



LymphActiv by CellCore Biosciences:

LymphActiv is a drainage supplement that repels parasites by stimulating the lymphatic system. It actively prevents stagnation, assists in removing biofilms, supports the adrenal glands, and ensures that unwanted pathogens will be eliminated from the body. Supporting the lymphatic system is important when removing parasites from the body as this system is known as the body's "garbage disposal."



Bowel Mover by CellCore Biosciences:

Bowel Mover is a non-habit forming digestion supplement that promotes healthy bowel functions. This is crucial when parasite cleansing as parasites most commonly exit through the digestive system. If a parasite is killed within the body, it may release toxins that cause herxheimer reactions and/or recirculate those toxins within the body. These processes will be reduced if the bowels are properly functioning.



HM-ET Binder by CellCore Biosciences:

The HM-ET Binder (Heavy Metal & Environmental Toxin Binder) concentrates on removing heavy metals and environmental toxins out of the body. As these toxins accumulate in the body, it creates an environment where parasitic infections can thrive. Parasites feed off of these toxins making it more difficult to remove them. This specialty binder focuses on restoring the body and supporting the immune system.

ANTI-MICROBIALS

Drainage supplements may kill parasites as the body begins to function properly again; however, to eliminate an infection completely, anti-microbial supplementation is key.

THIS INCLUDES THE POSSIBLE SUPPLEMENTATION OF THE FOLLOWING PRODUCTS:



Para 1 by CellCore Biosciences:

Para 1's only ingredient is mimosa pudica seed. This gentle seed scrubs the intestinal lining while collecting parasites, biofilms, heavy metals, and other unwanted substances along the way.



Para 2 by CellCore Biosciences:

Para 2 is an herbal antiparasitic supplement that attacks parasites while strengthening the immune system. This powerful formula includes: clove, triphala, kutaja, vidanga, neem, and extracts of fulvic and humic acid to eliminate harmful infections.



Para 3 by CellCore Biosciences:

Para 3 is an herbal tincture that is formulated to reach deep into the body's tissue to clear unwanted pathogens. By utilizing ingredients such as: thyme, sage, tansy, holy basil, wormseed, black walnut hulls, and clove, this tincture effectively attacks parasites that are more difficult to clear.



Morinda Supreme by Supreme Nutrition:

Morinda is a plant that is known for its strong anti-inflammatory and antimicrobial properties as it assists in clearing bacteria and parasites from the body. It has been used for centuries as a remedy for parasitic infections. This plant is formulated into a capsule that makes it easy to digest.



A-P by Bryon White:

A-P is a powerful tincture blend of 12 antiparasitic herbs that eliminates protozoan and helminth parasites. This tincture includes: black walnut hulls, usnea, neem, sage, olive leaf, aloe, grapefruit seed extract, ginger root, prickly ash bark, picao preto, and epazote.

ANTI-MICROBIALS

CONTINUED...



Clarkia by Barlow Herbals:

Clarkia is an herbal tincture created by the famous parasite teachers Dr. Hulda Clark and Dr. Max Barlow. It gently removes stubborn parasites from the body by attacking them with green-black walnut hulls, wormwood, cloves, and quassia. This tincture provides immune support and digestive support as it contains bitter herbs to fight off digestive sluggishness.



Vermicyde by Barlow Herbals:

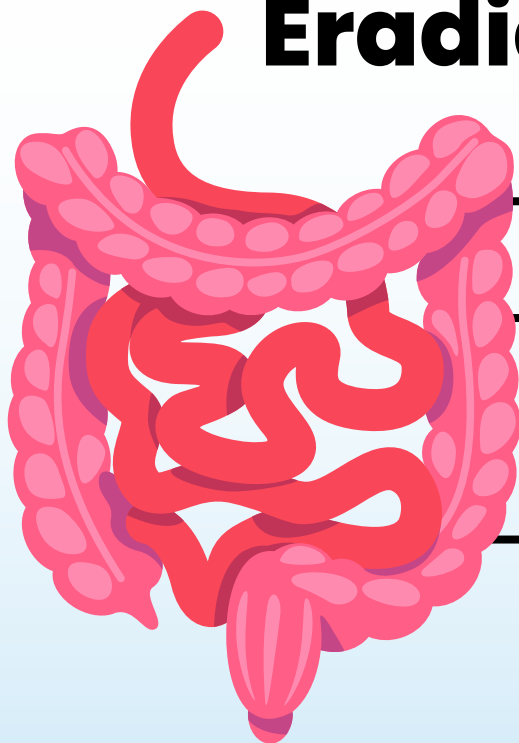
Vermicyde is an antiparasitic herbal tincture that specifically attacks giardia (a common protozoan parasite). Although it does not only attack this parasite, it is well-known for eliminating giardia effectively. It contains Tansy, Black Walnut Hulls and Lomatium Dissectum. These herbs work together to kill parasites and strengthen the gut.



IS-BAB by CellCore Biosciences:

IS-BAB is a 15-herb tincture that specifically attacks Babesia. Babesia is a Lyme disease co-infection that is also a parasite that hides within red blood cells. IS-BAB attacks intracellular parasites that are passed down from vector-borne illnesses.

Eradicate These!



Parasites

Bacteria

Candida/Yeast

Viruses

DETOXIFICATION TOOLS

To assist the body in detoxification, some detoxification tools that we recommend include:

Infrared Sauna by Therasage:

Infrared saunas are a specific type of sauna that work by heating the physical body from the inside out.

Our body naturally produces a fever when fighting off an infection; therefore, infrared saunas work similarly to raise core temperature to help eradicate infections and stimulate lymphatic flow.

Our clinic's favorite infrared sauna is by Therasage.

Therasage's sauna contains infrared heating panels and tourmaline gemstones which help generate negative ions.

Use code: "drjaban" for 15% off



Benefits:

- Detoxification
- Decrease Inflammation
- Increase circulation
- Relieve pain
- Burn calories
- Sleep Better
- Immune Enhancement & Promote overall health and wellness
- Mitochondria Support and Enhanced Energy
- Increased Natural Nitric Oxide and Redox Molecule Production
- Anti-Aging Benefits; Collagen Production, Cellulite Reduction

DETOXIFICATION TOOLS

Castor Oil Packs by Queen of Thrones:

Castor oil packs are one of the most ancient detoxing therapies. These packs are made by soaking a cotton or flannel cloth in cold-pressed castor oil then applying it to the upper right quadrant of the body where the liver resides. A heating pad may be placed on top of the pack and can be used for 15 minutes to a full night's sleep.



Castor oil contains ricinoleic acid which stimulates lymphatic flow and reduces inflammation. This omega-9 fatty acid has been proven to contain anti-inflammatory properties as it is able to deeply penetrate the skin/tissues. Because of this, it is also a great practice for relieving menstrual cramps.

[Click here to get your castor oil pack!](#)

Red Light Therapy by MitoRed:

Red Light Therapy (RLT) is a biohacking tool that uses therapeutic red light to penetrate the skin. This light produces a biochemical effect within cells that strengthens the cell's mitochondria, the organelle where energy is created and stored. By increasing the function of the mitochondria, it can create more ATP (adenosine triphosphate). ATP is the energy currency within the cells and is what keeps us healthy!

Red light has been shown to significantly aid in detoxification, brain damage, depression, seasonal affective disorder (SAD), muscle recovery, collagen/skin repair, cancer therapy side effects, hair loss, and inflammation.

We recommend the brands MitoRed for red light therapy. Use the discount Code for "jabanmoore" for 5% off your purchase.



BONUS GUT SUPPORT



Repairvite by Apex Energetics:

Repairvite is a dietary supplement that supports the intestinal lining and intestinal tract as it contains flavonoids, phytochemicals, and carotenoids that help nourish the gut. It also includes gut healing ingredients such as: L-glutamine, deglycyrrhizinated licorice, and aloe vera extract to soothe the gastrointestinal tract while repairing gut damage.



Enterovite by Apex Energetics:

Enterovite by Apex Energetics is a vitamin, mineral, and fatty acid dietary supplement that supports microbiome diversity, the health of intestinal epithelial cells, energy metabolism, and immune system functions. It assists in molecularly repairing the gut from past infections and/or damage.



Fasting:

Fasting is an ancient practice that involves abstaining from food and/or drinks for a certain extent of time. The 3 types of fasting are intermittent fasting, block fasting, and water fasting. Fasting during times of parasite cleansing may be important for some people as this allows the body to starve the parasites from their food sources. Fasting has been proven to be beneficial for conditions such as: diabetes, high blood pressure, and high blood sugar. During longer fasts, the body runs out of glucose and glycogen stores within the muscles/liver, so the body burns fat instead. When this happens, fat cells breakdown and release toxins.

It can seem overwhelming to think about dealing with a parasitic infection. They are multicellular organisms that can break you down and can house other organisms, like viruses and metals. Many people have taken years of antibiotics and feel better for a few months, but then crash.

One thing I always ask is this – have you treated parasites?

You cannot heal many chronic illnesses until you've gotten rid of parasites, fungus, and bacteria. Work with a trusted practitioner to try some of the above supplements and lifestyle tools and you'll be on your way to eradicating these pesky pathogens and moving toward optimal wellness.