

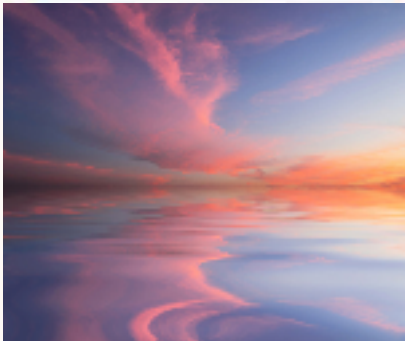


The World's Only Personal Sauna With Red Light & Full Spectrum Infrared Frequencies

Live a Healthier, Happier, Longer Life

Discover how a dedicated father invented a sauna to help his daughter overcome her pain, anxiety, and symptoms from Chronic Lyme Disease and changed their lives forever. Now it can change yours....

Infrared Sauna for the Best Natural Detox



It's important to have a daily detoxification lifestyle to remove unwanted toxins from our systems. Therasage Thera360 Plus Infrared sauna technology is an advanced home strategy with remarkable health results.

Due to the amount of toxins in our environment today, our health is absolutely dependent upon optimal channels to help us eliminate these toxins, on a regular basis, naturally. **Infrared saunas help the body to mobilize these toxins and maximize toxic elimination.**

Infrared frequencies penetrate deep into the muscles and tissues in your body. These frequencies vibrate the water clusters in the body which gives them greater mobility and access to body tissues and decreases the water and toxins out of our fat cells, muscles, tissues and organs. This enhances cell membrane tone and functionality which helps the cell to absorb nutrients and excrete toxins more effectively. This is one of the reasons infrared helps with nutritional upload, and also improves circulatory and toxin release.

Infrared saunas have also been shown to lower lactic acid levels, stimulate endorphins, help maintain healthy bacterial balance, while supporting the immune system. It also detoxifies cells by vibrating ionized bonds, promotes normal inflammatory responses and supports lymphatic and blood circulation. The increase in core temperature stimulates heat shock proteins resulting in an increase in oxygen delivery to the cells and tissues, and improved microcirculation and enhanced immune response.



Infrared Saunas are especially effective for Reducing Inflammation, Enhancing Immunity and Eliminating Toxins

Therasage Chief Science Officer, Rob Besner, discovered how effective sauna therapy is for helping your body eliminate toxins naturally, reducing inflammation, kill pathogens and parasites and creating immunity supporting heat shock proteins within the body.

Therasage was originally founded after several years of research on the natural benefits from the infrared spectrum. Over 20 years ago, the founders were searching for a solution to the symptoms presented from parasites and the systemic ramification.

The frequencies from the infrared spectrum are not only the best natural way to detoxify but in addition this same frequencies raise the bodies' core temperature and present an environment that parasites and pathogens can not survive in, and then aids the body in eliminating the neuro-toxins released once the parasites die off.

Infrared sauna therapy promotes rapid turnover of your body's cells. The Thera360 is the only personal infrared sauna that provides a temperature setting high enough to raise your core temperature with deeply penetrating high heat that creates the conditions for killing pathogens and parasites, maintaining a healthy microbiome, and natural detox of harmful cells which have been damaged by EMF and radiation.



Therasage Thera360 Plus Infrared Sauna

Thank Goodness for the Therasage Thera360 Personal Infrared Sauna!

Takes Immune enhancement, stress relief, natural detox, weight management, and anti-aging goals to the next level.

This sauna has so many features that puts it above and beyond any other personal infrared sauna available ...



Unique Features of the Therasage Thera360 Plus Infrared Sauna

- ✓ **The ONLY Full Infrared Spectrum Personal Sauna with Near – Far Infrared Frequencies and Red-Light Panels, completely surrounding you, offering 360 degrees of total natural healing infrared energy.**
- ✓ **The Therasage exclusive Tri-Lite™ panels generating Red Light and Near Infrared from each high powered, medical grade light diode.**
- ✓ **An abundance of Negative Ions generated from Natural tourmaline gemstones**
- ✓ **Advanced Earthing Technology for grounding**
- ✓ **Enhanced temperature control from 100 degrees to 170 degrees, heats up quickly and uses less power than a hair blower**
- ✓ **Proprietary EMF, ELF, RF remediation to protect you from exposure to any of these harmful frequencies, allowing for maximum healthy frequency absorption**
- ✓ **Natural Bamboo, non-toxic materials...inside and out**
- ✓ **Reflective barrier material for quick heating, and re-circulating of the infrared for enhanced frequency absorption and additional EMF protection**
- ✓ **Plug and play format for easy repairs and extended life of your sauna**

See what people are saying....



Leave it to movie star and wellness queen Kate Hudson to track down a portable way to get toasty even on her busiest, most travel-packed days. The Fabletics founder took to Instagram Stories to document her time in a Therasage Portable Sauna. The personal sauna uses infrared heat technology, to emit a deep heat that is said to warm your core more efficiently (and make you sweat a lot more) than old-school saunas.

Hudson's model of choice is, unsurprisingly, considered to be the Cadillac of personal saunas, in part because it uses tourmaline discs—semiprecious stones known for their ability to distribute heat evenly and generate negative ions.

Beyond the positive effects of the infrared heat, it is a convenient way to sneak in some self-care just about anywhere.

She was nicknamed 'The Body' by Time magazine in 1989

And Australian supermodel Elle Macpherson revealed one of the secrets behind her enviable figure in a post shared to her Instagram Story

The 55-year-old shared a photo of herself in her Therasage portable infrared sauna, that looked more like a sumo wrestler suit, and plugged its many health benefits.



Why I Use Infrared to Support my Immune System

If you guys follow me on Instagram, I'm sure you've seen my portable infrared sauna that I love! It's made by a company called Therasage and I want to share a bit more about it today! Spending time in the sauna is one of the most effective ways to assist the body in removing environmental toxins. Infrared rays penetrate deep into the skin, providing soft heat that helps drive toxins out and into the sweat glands and bloodstream, where the body is able to excrete via sweat.

Here's a shared experience from one of my followers, I love it when you guys share with me!



"Infrared sauna saved my life. Quite literally. Late stage chronic Lyme almost killed me. Infrared sauna with ozone therapy, rebounding, and lots and lots of probiotics saved me."

Therasage is a company I love and trust and have used for years. They make so many wonderful products utilizing the healing power of full spectrum infrared frequencies.

- Angie

Most Health Professionals Recommend Therasage

Many top healthcare practitioners recommend Therasage! Over the years Therasage has become the most respected name in InfraRed devices and applications.



"I use Therasage every day as part of my optimal health routine" says Dr. Nathan Bryan - Specialist in Nitric Oxide research and supplement applications.



Dr. Steve Sinatra MD has been a strong believer in the healing aspects of Full Spectrum InfraRed and owns and uses Therasage.



We have had great results in our clinics with our Therasage 360 Infrared Sauna - Dr. Zach Bush.

And the list goes on....

Lose Weight While You Lower Oxidative Stress to Live a Long, More Vibrant Life Looking Younger and Healthier!!

Detoxification is the process of eliminating harmful elements (i.e., toxins) from the body. These often are stored in fat cells, which shrink as they rid themselves of these toxins, especially during weight loss programs. That's why detoxification and fat loss go hand-in-hand and complement each other. Most health professionals recommend the Thera360 series of full spectrum InfraRed saunas, because they are considered the best natural detoxification device available at any price.

Benefits of Infrared Sauna Therapy

- ✓ Detoxification
- ✓ Pain Relief
- ✓ Improved Circulation
- ✓ Increased Energy
- ✓ Supports a strong immune system
- ✓ Lower Oxidative Stress
- ✓ Weight Loss
- ✓ Relaxation
- ✓ Clear and tighter glowing skin
- ✓ Relief of muscle tightness and spasms
- ✓ Reduction of lactic acid
- ✓ Increased nitric oxide production
- ✓ Better sleep
- ✓ Quicker recovery time for Optimal health advocates
- ✓ Increased Collagen Production and Reduced Cellulite



Infrared therapy is necessary in today's toxic environment for optimal health and has been used for healing purposes for many years.



Infrared Saunas simulate exercise and increase circulation, balance blood pressure and increase metabolism. This is a great tool and recommended by cardiologists for their heart patients, as researchers found that saunas can help those who cannot do traditional exercise due to medical conditions or just poor overall health.



Infrared boosts energy levels, (ATP in your mitochondria) shrinks fat cells while releasing toxins from each cell, and helps you maintain muscle mass and a lean body.



The Journal of the American Medical Association has reported that infrared sauna weight loss sessions have been shown to burn as much as 600 calories in just 20-30 minutes! That's huge.

How Infrared Saunas Enhances Immunity and Increases Your Energy



All cells, including the mitochondria, the cell's energy-making powerhouses, have infrared receptors. That's because they make energy, in part, by taking infrared light and converting it into energy.

The mitochondria (power plants of the cells that produce our energy) produce more ATP (energy currency of the cells) when infrared rays are introduced.

Red light and near infrared frequencies activate and stimulate chromophores and cytochrome systems, stimulating cells to produce more energy and improve the bodies vital force.

As a result, you increase your energy production by using an infrared sauna that includes enhanced red light and near infrared frequencies.

The Therasage Thera360 Plus is the ONLY Personal Infrared Sauna That includes the ENTIRE Infrared Spectrum and Red-Light Frequencies, providing you with the benefits of younger skin, energy enhancement, immune enhancement, maximum detox and weight loss!! Everything together in a high quality, affordable, and portable, one of a kind product.

Never before has there been an offer like this from Therasage.

Through years of clinical applications Therasage has found exponential health enhancements by combining specific complementary modalities.

For the first time ever, Therasage is offering you a very special stack of health devices complimentary with the purchase of the amazing Thera360 Plus Sauna.

Leaky Gut Summit Bundle

The only personal sauna in the world with red light and near and far infrared frequencies.



Therasage Thera360 PLUS Portable Infrared Sauna

MSRP \$1198

Tri-Lite USB Cord

MSRP \$10

Therasage takes Personal Saunas to the next level with the world's only Red Light, Near and Far Infrared Portable and Affordable Sauna.

Incorporating negative ions and earthing technology, eliminating exposure to harmful EMF, ELF, RF's, temperature-controlled, and made with natural bamboo materials, it is like no other!!

PLUS; Red Light Panel USB Cord to enable red light panel use outside of the sauna



Rejuv Gut Repair

MSRP \$29

The Gut Repair Capsules contain a high-strength Saccharomyces boulardii probiotic with 5 billion CFU (Colony Forming Unit) organisms per capsule, added olive leaf extract, vitamin D3 and biotin.

Saccharomyces Boulardii is a hardy, acid-resistant, temperature-tolerant microorganism that is not affected by antibacterial agents or antibiotics. This formula works as a probiotic & prebiotic by colonising the intestinal tract and supporting the growth of friendly bacteria for a healthy balance of gut flora & microbiome.



TheraH2O Water Pitcher

MSRP \$79

TheraH2O Water Pitcher creates clean, alkaline, mineralized, cellular hydrating, living water, that is great tasting and healthy!

TheraH2O filters out fluoride, chlorine, and other contaminants and permanently absorbs metals such as lead and copper. With our unique earth element, vortex filter, it creates mineralized, alkaline, and structure so your water is living, healthy, clear, refreshing, thirst-quenching water!!



Buoy Hydration Drops

MSRP \$13

Daily electrolytes and trace minerals that blend with every beverage for rapid, deep hydration. Purposefully unsweetened and unflavored.

PLUS Our Brand New E-Book

*Infrared for Optimal Health by
Robby Besner, Chief Science Officer of Therasage*



**Infrared for Optimal Health - Sauna
Guide and EBook by Robby Besner.
MSRP \$69**

This brand new, incredible guide offers 98 pages of everything you ever wanted to know about infrared sauna use -- Learn the science, the benefits, and how it will change your life! You'll have what is now the most comprehensive E-book on the market to help you on your journey to your best possible health!

***LEARN FROM THE COMFORT OF YOUR HOME
ON YOUR SCHEDULE***



Get Your Therasage Thera360 Plus Package for Unlimited Wealth in Health Bonuses



Leaky Gut Bundle
Black Thera360 PLUS Sauna



ONLY AVAILABLE RIGHT HERE AND RIGHT NOW
COST of \$1197 (plus shipping)

- ✓ Thera360 PLUS Portable Infrared Sauna & Red Light USB Cord
- ✓ Rejuv Gut Repair
- ✓ TheraH20 Water Pitcher
- ✓ Buoy Hydration Drops
- ✓ Sauna E-Book

\$1198

\$10

\$29

\$79

\$13

\$69



Thera360 Plus Package with Bonuses - White Sauna



BUY NOW!

Thera360 Plus Package with Bonuses - Black Sauna



BUY NOW!

Why should you use infrared sauna therapy?

- BEST Natural Detox
- Relief of occasional aches & pains
- Improved sleep quality
- Increased energy
- Healthy weight maintenance
- Increases blood flow
- Reduces Stress
- Muscle recovery
- Relief of muscle stiffness & spasms
- Maintains healthy heart & circulation

More Therasage Success Stories

"Therasage is a LIFESAVER!"

Wendy Myers did an interview with Rob Besner from Therasage on a podcast I listened to:

I wanted to relay to Robby that I own 4 of his products: the small, medium and full body infrared healing pads plus the 360 Sauna, which is awesome! I've been in healing with quite a number of issues (I use his healing pads with castor oil packs on 5 areas of my body, simultaneously, laying down, supine, on the full body pad while applying castor oil packs to both ovaries, liver, left lateral breast and throat. I use the medium pad on my torso and the small pad across my throat.). I still have Ovarian Cysts, on both left and right ovaries. Ultimately, his Infrared products are a major contributor to this outcome of almost 2 years of castor oil pack and heating treatments. I wish to thank him and Melody, from the bottom of my heart. And thank you, too, Wendy, for being such a goddess to us in our approach to healing and genuine self care.

- Angela

"I Am Already Feeling Better!"

This April 1st, I will turn 65. I am on a fixed income through Social Security disability because I have neuropathy. Also for the past year I have gone to about 85% plant-based food, and as non-GMO as I can get. I've pretty much made the sauna a routine for the past year, I get up in the morning and I make a special drink as the sauna is heating up 170°, I joined FMTV and they united with Gaia so I watch videos with my Mac at the same time as I'm taking sauna. I normally go between 40 minutes to an hour. In the past year I would be willing to say that I have only missed at the Max 20 days of not doing the sauna. Every time I don't do the sauna it feels like I'm really missing something. I think it has helped my general health and skin and I was a welder for 23 year and I feel that the sauna has helped detox that through sweating out. Originally, I had bought six towels, six wash rags and six hand towels, I also have a special hamper for this stuff and I wash these separately from everything else in hot water every six or seven days. One more thing I was amazed about six months ago when Robbie actually called me back and we had a very good conversation about the sauna because I had some questions from my background that I needed clarification on. I think we talked for about 30 minutes and I was pleased with him caring enough to give me that much time. I told him I would be interested in the Ozone feature Robby gave me a discount if I could get the money together again. I thought that was understanding and generous.

- Fox, Minneapolis, MN

My healing name is Hummingbird Medicine Fox (Fox)

The one that has carried the burden for 65 years is Phillip
love love love

"I LOVE IT!"

Hi Melody- it's Margaret M- thank you for helping me last night and I appreciate you taking the time out of your evening. I used the sauna for 50 minutes last night - 140 degrees and last 15 min on 135- it was AWESOME and I feel great- I've been doing infrared sauna in West Palm twice a week for 1 hour each time at 135. It's so nice to do it in the privacy of my own home and watch tv etc. plus it heats up fast - anyway, the design is ingenious and you all thought of everything. Thank you soooooo much!

-Margaret

Lost 60 pounds in 3 months

I've had the Thera360 Plus sauna for over a year and have been using it regularly. A few months ago, I decided to push myself by changing my diet and adding a bit of exercise to my routine. Using the sauna daily for 20 minutes at 155 degrees helped me sweat out toxins, feel revitalized, improved my circulation, and I've now lost 60 pounds and feel healthier and happier with the Thera360 Plus!

- Devin H.

"Covered in sweat... great detox and feeling great"

I just wanted to send a message and thank Therasage for such effective results detox sweating in the portable 360 infrared sauna. I hadn't previously tried infrared sweating and the way Therasage implements the tourmaline, etc has had such amazing results.

I just want to thank Therasage for such a high quality product, very worth it.

- Jonathon

"Great Sauna, Great Company"

I have been searching for a while to find a sauna that not only looks good, but IS good. I finally found one that fits the bill. I am always worried about fly-by-night companies that exist somewhere else in Asia and beyond. Therasage actually has an office in the USA that you can call and speak to an actual person. The sauna is very well made--I could tell as soon as I took it out of the box. It was shipped very well, and didn't smell of toxins upon removing it from the box.

I set it up in seconds and turned it on. No crazy off-gassing, no terrible smells--manual is easy to read and understand--obviously written by people with a grasp of the English language! After the 5 minute heat up I got in the sauna. Not uncomfortable in the least. At about minute 12 I was sweating profusely. It continued this way until my time was up and it beeped.

I LOVE this thing! I can fold it up out of the way if I need, it doesn't use too much electricity, doesn't smell, AND I know from watching someone online with an EMF meter that there are no emf's. All in all, I would ABSOLUTELY recommend this to everyone. I have had expensive saunas in the past, and this stacks up to them completely, but with no emf's.

The chair is comfortable, the build quality is great. I will use this thing for a long time. Highly recommended.

- Jordan

"One of the BEST Investments for My Health!"

I am so glad to take this opportunity to let you know what a pleasure it is to use my new Therasage 360 Plus portable sauna! It is just like what I imagine being in the womb was like! Warm, comfortable, peaceful, nurturing, heavenly! And it is all at my fingertips right here in my own home for use anytime! Instead of sharing the sauna at our local recreation center plus the time to get there and back, I just pop into my Therasage 360 and I am in the bliss!

I would really like to mention that the customer service is also truly remarkable! I have yet to experience anything like it. I have been in touch on the phone with Therasage CEO Robbie Besner and he is a perfect example of a person who really cares!

He walks the talk. And others at Therasage, with whom I have spoken, do the same. At the bottom of their website, it says, "Remember, do unto others, as you would have them do unto you." They do that! I can recommend Therasage without reservation! That means with my whole heart!

- Mark Z

"Life Saver for Pain Relief"

My name is Kristen and I am 36 years old. I worked as a nurse for over a decade but unfortunately had to quit the job of my dreams and seek disability per my doctors advice. Large "knots" form in my muscles which have pulled my spine out of alignment. It is like my muscles in my neck and back are playing tug of war with my spine. I go to a spine and pain specialist and have since 2012. I get injections in my back and have had extensive physical therapy. I have tried everything to get some type of relief from the pain. I have used every pain rub, back massager, tens unit, etc.. on the market and nothing, has given me the relief that your Therasage Infrared Sauna heat and negative ion technology has! Because of the pain I have a very hard time relaxing. My muscles are always tightened up and hurting. When I use my Therasage I can feel the tension melting away and an almost immediate wave of relaxation comes over me. It is truly amazing. It helps ease my achy muscles and makes me feel so much better.

- Kristen

Benefits you might experience with the Therasage Thera360 system



Sweat and mobilize toxins while relaxing: Our full infrared spectrum with radiant barrier, non-toxic material powerfully retains 95% of the heat and all the healing rays of the Therasage Thera360 Plus for an intense and quick sweat session. This combination of full spectrum Infrared and red light frequencies opens your detox pathways for maximum detox, and elimination of toxins, reduce occasional pain, enhance nitric oxide production, support normal inflammatory responses, enhance energy, help with adrenal fatigue, support healthy circulation and metabolism, burn calories, reduce stress, and much more.



Save time and enjoy your sauna session anytime in your own home: There is no need to preheat your sauna, so you don't waste a single minute before starting your healing therapy. And with a convenient at-home sauna, you also save time on traveling for your sauna sessions.

Why chose Therasage over other infrared saunas?

- ✓ Full Spectrum Infrared, Enhanced Near Infrared and Red light Frequencies, Negative Ions, Advanced Earthing Technology, Reflective Barrier Material, EMF, ELF, RF remediation, Enhanced Temperature Control, All Natural Bamboo Non-Toxic materials, Extended timer, Sets up and Folds up quickly and easily, Lightweight and Portable
- ✓ Full Spectrum Infrared Frequencies...all the benefits of Red Light Frequencies, Near Infrared and Far infrared Frequencies in one sauna session!!
- ✓ Natural Gemstone, Negative Ion Therapy - Negative Ions, Positive Vibes
- ✓ Earthing Therapy with our Advanced Grounding Technology
- ✓ Temperature Control from 100 to 170 in 5 degree increments
- ✓ Thera360 sauna is made with all natural bamboo, non-toxic materials, no off-gassing, no VOC's
- ✓ No exposure to ANY harmful frequencies - The Thera360 Plus remediates the entire electrical system, and all connections to protect you from exposure to all harmful frequencies. Therasage uses proprietary remediation and shielding of all EMF's, ELF's, RF's, ...all electrical fields
- ✓ Other infrared saunas do not compare. They do not have a temperature control, expose you to harmful EMF's, are made with toxic materials, do not offer negative ions, grounding, do not have near infrared or red light frequencies, and are more expensive.
- ✓ Radiant barrier reflective material keeps the healthy frequencies inside the sauna for maximum absorption. This material also adds protection against electromagnetic frequencies, extremely low frequencies, radio frequencies, and electrical frequencies. The insulation quality allows the Thera360 sauna to retain the healing frequencies, enhances the ability to sweat quicker and allows you to raise your core temperature and create heat shock proteins for many health and immune boosting benefits.
- ✓ The portable Thera360 is lightweight, folds up in minutes, and can be transported in its carrying case, making sauna therapy available anytime, any place.

Get Your Therasage Thera360 Plus Package for Unlimited Wealth in Health Bonuses



Leaky Gut Bundle
White Thera360 PLUS Sauna



ONLY AVAILABLE RIGHT HERE AND RIGHT NOW
COST of \$1197 (plus shipping)

- ✓ Thera360 PLUS Portable Infrared Sauna & Red Light USB Cord
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- ✓ TheraH20 Water Pitcher
- ✓ Buoy Hydration Drops
- ✓ Sauna E-Book

\$1198

\$10

\$29

\$79

\$13

\$69



Thera360 Plus Package with Bonuses - White Sauna



BUY NOW!

Thera360 Plus Package with Bonuses - Black Sauna



BUY NOW!

Why does the Therasage Thera360 make sauna therapy even more effective?

Therasage Thera360 delivers Full Spectrum Infrared and Red Light Frequencies all in one amazing, affordable, personal Sauna!

Delivering all the healthy frequencies in one sauna session saves time and money without sacrificing your benefits!!

Full spectrum infrared energy is that part of the solar (Sun) electromagnetic spectrum which living beings, although they cannot see it, feel as heat. Full Spectrum Infrared energy includes three frequencies near (NIR), mid (MIR), and far (FAR) frequencies. NASA scientists have determined their differing wavelengths and Health science studies have determined what these different wavelengths do. Therasage devices are all Full Spectrum because we have identified that each of these wavelengths are essential for natural healing in the body.

Full spectrum infrared has all the many benefits of each aspect of the natural healing from the individual wavelengths in the entire infrared category Near - Middle & Far infrared. It is the synergistic effects of these wavelengths in concert that makes the natural healing events in the body are so powerful and effective. Some of the main features are circulation support & oxygenation, pain relief, healthy weight loss, total body detoxification, immunity support, normal inflammatory response support, improved sleep and reduced stress, increased metabolism, and anti-aging effects, to name a few.

Therasage two exclusive unique Tri-Lite™ panels incorporate Red light and enhanced Near Infrared frequencies. These dual panels are positioned to allow the body to have maximum absorption. Each diode has 3 specific frequencies, from 600 to 900 nm, calibrated to perfectly complement and support and enhance your Thera360 Sauna experience and create a healing platform for the body. These special panels heighten the sauna experience to improve the health of every organ and every cell in the body. This frequency combination raises the mitochondrial energy production in essentially every type of cell in the body and can heighten the cellular processes and enhances the epigenetic outcome of cellular health.

The Therasage Thera360 Plus infrared sauna incorporates our Advanced Earthing and Gemstone Technology with natural tourmaline gemstones that generate an abundance of negative ions. Studies show sauna therapy becomes even more powerful with the presence of negative ions, enhancing the benefits of your infrared therapy. Subjects in studies experienced higher body temperature and sweat volume, two of the main goals of sauna therapy, when negative ions were added.

Negative ions are natural charged electrons (-) beneficial invisible molecules that can enrich the air around us, that promote health and wellness so you feel great! They occur when running water moves over land (like at a waterfall) when the friction frees up an electron (Anions) that has a negative charge. These "Anions" are found in abundance at waterfalls, mountains, beaches and after a rainstorm. The Earth also has a negative charge (its called an earthing effect). There is technology available called "grounding" that brings the earth charge up into the body and balances the energetics of our body.

Numerous scientific studies indicate that once this enriched air reaches our bloodstream, the Negative ions are believed to produce biochemical reactions that help calm and relieve stress, produce an overall feeling of wellbeing, promote normal blood

Pressure levels, increase the flow of oxygen to our brains, elevate mood, boost our daytime energy and maintain healthy bacterial balance by supporting our immune systems. They help neutralize the positive charge of your body, give you a sense of calm and make you feel HAPPY. Thera360 infrared series electrically grounds your body and the special natural tourmaline peppered on the inside panels generate 1200 times more negative ions than what occurs in natural air.

Grounding is the process of connecting to the earth's electrical field, which is negatively charged. Thera360 series of portable full spectrum InfraRed saunas electrically grounds you as well as has specialized gemstones, Natural tourmaline that also generates a negative earth charge, or a grounding effect.

Therasage Thera360 completely shields you from any exposure to harmful EMF's, ELF's, RF's

Electromagnetic frequency, or EMF, is energy discharged by all alternating current (AC) electrical devices, wireless internet routers - 5 G networks, Bluetooth devices, RF devices, mobile phones, smart meters, many of our home appliances and more. These frequencies oscillate at a higher level than our bodies natural energy field and suppresses our immune system. The World Health Organization (WHO) has declared that high levels of EMF may be carcinogenic, and harmful for our health.

Therasage Thera360 temperature control allows you to customize your sauna protocol and choose the desired temperature for each specific goal.

Therasage Thera360 Plus uses Natural Non-Toxic materials that do not off-gas or emit VOC's and the radiant barrier material powerfully retains 95% of the heat and all the healing rays of the Therasage Thera360 Plus for an intense and quick sweat session. This combination of full spectrum Infrared and red light frequencies helps support natural detox, reduce occasional aches and pains, enhance nitric oxide production, support healthy inflammatory responses, maximize detox, and more!!

Save time: There is no need to preheat your sauna, so you don't waste a single minute before starting your healing therapy. And with a convenient at-home sauna, you also save time on traveling back and forth to a gym.

Thera360

Infrared Portable Sauna

What is full spectrum infrared energy?

Full spectrum infrared energy is the healthiest part of the solar electromagnetic spectrum, the Sun. The infrared frequencies are invisible to the naked eye, but are felt within the body as deep penetrating heat and warmth felt when you are in the sun. Full Spectrum Infrared energy includes the three wavelengths in the infrared spectrum... near (NIR), mid (MIR), and far (FIR) frequencies. NASA scientists have determined their differing wavelengths and health science studies have determined what these different wavelengths do, which is one of the reasons Therasage devices generate the Full Infrared Spectrum, to deliver all these health benefits essential for natural healing To the body, in one sauna!

What is Red Light Frequencies and how is it different than infrared?

Red light is visible and is most effective for use on the surface of the skin. Red light occupies the end of the visible spectrum with wavelengths between 600nm-700nm. Infrared is invisible, and as you increase the wavelength, from red to infrared, you also increase the wavelength of the frequency. Each part of the sun's spectrum offer different health benefits.

What is the electromagnetic spectrum?

The electromagnetic spectrum is the term used by scientists to describe the entire range of light that exists. From radio waves to gamma rays, most of the light in the universe is, in fact, invisible to us!

What is electromagnetic frequency (EMF)?

Electromagnetic frequency, or EMF, is energy discharged by all alternating current (AC) electrical devices, wireless internet routers - 5G networks, blue tooth devices, RF devices, mobile phones, smart meters, many of our home appliances and more. These frequencies lower our immune system responses and The World Health Organization (WHO) has declared that high levels of EMF can be carcinogenic, and harmful for our health.

What is the difference between far infrared heat and full spectrum infrared heat?

Far infrared is just one of three frequencies of the full infrared spectrum. Far is very important for improving circulation and metabolic function. It helps with pain relief, deep tissue detoxification (especially with heavy metals detox) and improving oxygenation to the blood and the tissues of the body

What is the difference between Near InfraRed and Far InfraRed frequencies?

Near Infrared frequencies of the sun's energy also make an important contribution to natural healing. These specialized wavelength, like red light frequencies, help with skin problems like psoriasis, atopic dermatitis, eczema and rashes, etc. Near wave lengths will improve micro blood circulation and generate the natural production of Nitric Oxide. Lastly it will enhance mitochondrial wellness and cell energy. Therasage uses Near frequencies in all of its full spectrum devices and have enhanced our Near frequency application in our Plus portable sauna

What are some of the benefits of full spectrum infrared heat?

Full spectrum Infrared has all the many benefits of each aspect of the natural healing from the individual wave lengths in the entire Infrared category Near - Middle & Far Infrared. It is the synergistic effects of these wave lengths in concert that makes the natural healing events in the body so powerful and effective. Some of the main features are improved circulation & oxygenation, pain relief, healthy weight loss, total body detoxification, immune enhancement, decrease inflammation, improve sleep and anti stress, increased metabolism, and anti-aging effects to name a few.

Is an infrared sauna safe to use if I have breast augmentation or other types of implants?

Yes, most infrared saunas are safe to use with breast implants or augmentation.

Why do most health professionals say is it good to have a sauna where your head pops out? (a sauna that doesn't heat your head)

The body below can withstand more heat than the brain. The most effective way to initiate a natural immune response, is by raising the core temperature. This is the body's front line defense against invading foreign viruses and bacteria. In fact, at higher than normal temperatures bacteria, parasites, and viruses will begin to die off. At higher temperatures, the brain actually begins to be negatively affected, so most health professionals recommend their patients use the format that protects your brain from over-heating. It has been scientifically proven that when you promote organ and tissue detoxification, it enhances the pull of toxins from your brain. This way you can efficiently detox, gain all the benefits of full body infrared healing including the ability to raise your core body temperature (create a false fever) and not effect the temperature of your brain.

What causes pain?

Pain is one of the body's main signals that something is wrong. Often, pain is caused by inflammation. Inflammation is also tied to high levels of toxicity. Acute pain caused by an injury can be accompanied by swelling or edema, that can add additional pressure on the pain centers around the injury. Thera360 InfraRed sauna can improve this condition by emitting deep penetrating healthy heat that soothes the injured area, and decrease inflammation. In addition, the sauna will improve circulation, decrease swelling, and improve the oxygenation and bring more healing elements to the body.

What is inflammation?

Inflammation is the body's response to a foreign invader or an imbalance in the bodies internal chemistry. Inflammation can be either acute or chronic. It is a process by which the body's white blood cells and substances they produce protect us from infection with foreign organisms, such as bacteria and viruses. Some inflammatory responses are caused by autoimmune responses or all of these conditions can be exacerbated by high levels of toxicity, which can have the same symptoms. Infrared sauna use can lower inflammation and mobilize toxins and create a healthy platform for wellness.

Is a sauna safe if I have metal implants?

Implants within the last 20-25 years are titanium and are safe to expose to infrared. Metal pins, rods, artificial joints, or other implants made of metals and surgical steel generally reflect infrared waves and make infrared sauna use perfectly safe.

Is the sauna safe for children to use?

Many children benefit greatly with use of an infrared sauna with specific advice and protocols. Ask us for special instructions and protocols.



The Therasage Thera360 Personal, portable unit, allows us to take our overall health, sauna detox, and anti-aging goals to the next level.



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